

# Template for Review Article

**Title of the article:** (Avoid too short or too long title)

**First Author<sup>1</sup>, Second Author<sup>2</sup>** (12 Capitalize each word)

The Corresponding author of the manuscript must be marked with an asterisk (\*)

\*<sup>1</sup>(Designation, Department, College Name, State, Country Name, Email and Phone number)

<sup>2</sup>(Designation, Department, College Name, State, Country Name Email and Phone number)

## General instructions:

Ayurvedic terms must be *Italic* and first letter capital and if necessary, add English equivalents in closed brackets. Ex. *Sandhana* (fermentation)

**Abstract:** (Not more than 250 words)

The abstract should summarize the content of the paper. Try to keep the abstract below 250 words. Should be typed as single paragraph. Preferably it should be written in the past tense. It should not give any information or conclusion that is not stated in the paper. Don't cite references in the abstract. Don't use abbreviations.

**Key-words:** About five to six key words in alphabetical order, separated by comma.

### **Introduction:**

Provide sufficient background information to allow readers to understand and evaluate the result of the present study. Describe the rationale for the review in the context of what is already known.

### **Aims and Objectives:**

Provide an explicit statement of questions being addressed with reference to participants, interventions, comparisons, outcomes, and study design (PICOS).

### **Methodology:**

Describe all information sources (e.g., databases with dates of coverage, contact with study authors to identify additional studies) in the search and date last searched.

### **Discussion:**

Summarize the main findings including the strength of evidence for each main outcome.

### **Conclusion:**

Provide a general interpretation of the results in the context of other evidence, and implications for future research.

## References: (Vancouver style)

### Book Reference

Format	x. Author(s). Title. Edition. Place of publication: Publisher; Year.
Example	1. Wilkinson IB, Raine T, Wiles K, Goodhart A, Hall C, O'Neill H. Oxford handbook of clinical medicine. 10th ed. Oxford: Oxford University Press; 2017.

### Book Chapter

Format	x. Author(s). Title of chapter. In: Editor(s), editors. Title of book. Place of publication: Publisher; Year. Page range.
Example	2. Darden L. Mechanisms and models. In: Hull DL, Ruse M, editors. The Cambridge companion to the philosophy of biology. Cambridge: Cambridge University Press; 2008. p. 139–159.

### Journal Article

Format	x. Author(s). Article title. Journal Name (abbreviated). Year Month Day; Volume(Issue):page range. Available from: URL DOI
Example	3. Bute M. A backstage sociologist: Autoethnography and a populist vision. Am Soc. 2016 Mar 23; 47(4):499–515. Available from: <a href="https://link.springer.com/article/10.1007/s12108-016-9307-z">https://link.springer.com/article/10.1007/s12108-016-9307-z</a> doi:10.1007/s12108-016-9307-z

### Website

Format	x. Author(s). Title [Internet]. Year [cited Date]. Available from: URL
Example	4. Cancer Research UK. Current research into breast cancer [Internet]. 2020 [cited 2020 Feb 14]. Available from: <a href="https://www.cancerresearchuk.org/our-research/our-research-by-cancer-type/our-research-into-breast-cancer/current-breast-cancer-research">https://www.cancerresearchuk.org/our-research/our-research-by-cancer-type/our-research-into-breast-cancer/current-breast-cancer-research</a>

### **Acknowledgement: (If any)**

Acknowledge any significant technical help and assistance that you received from any individual.

Acknowledge your funding agency or the agency giving you grants or fellowships.

### **Tables**

Tables: Tables must be inserted within the text. Tables must be named and numbered as Table no. 1, Table no. 2 etc., with a proper self explanatory Legend.

### **Figures**

Figures must be on separate pages in JPEG format but not inserted within the text and bear a brief title in lower case bold face letters below the figure. Photographs, drawings, diagrams and charts are to be numbered in one consecutive series of the numerals in the order in which they are cited in the text and abbreviated as Fig. 1, Fig. 2 etc., Photos or drawings must have a good contrast of dark and light. Legends of figures should be brief, but complete and self explanatory so that the reader can easily understand the results presented in the figure.