



## YASHAYURVED – E-Journal of Holistic Health

Peer reviewed | Quarterly Journal | Open Access

### Conceptual study of Alark Visha with special reference to Sushrut Samhita Kalpsthana.

Dr. Tejashree Kumbhar<sup>1</sup>, Dr. Vijay Patil<sup>2</sup>, Dr. Nayana Hingmire<sup>3</sup>

<sup>1</sup>P.G. Scholar, Dept. of Agad Tantra, Yashwant Ayurvedic College, Post Graduate Training & Research Center, Kodoli, Maharashtra.

<sup>2</sup>Professor, Dept. of Agad Tantra, Yashwant Ayurvedic College, Post Graduate Training & Research Center, Kodoli, Maharashtra

<sup>3</sup>Associate Professor, Dept. of Agad Tantra, Yashwant Ayurvedic College, Post Graduate Training & Research Center, Kodoli, Maharashtra

#### ABSTRACT

Ayurveda is a branch of science which deals with maintaining health and treating illness of the body. It has mainly eight branches called as *Ashtang Ayurveda* it is comprised of *kay, bal, grah, urdhang, shalya, damshttra, Jara, vrushan*. *Damstra* means knowledge related to visha or toxins. It's poisoning signs, symptoms and treatment is called as *Agad Tantra*.

*Alark visha* (dog bite) incidences are seen worldwide. There are commonly occurring dog bite incidences but rarely it can leads to death. nowadays we only have prophylactic treatment or immunization for *Alark visha* ( Rabies) in modern science. Our *Ayurveda* has given the knowledge about treatment, sign and symptoms also. So present study is an attempt to conceptualize the *Alark Visha* with special reference to *sushrut samhita kalpsthana*.

**Keywords:** *Alark Visha, Alark visha, Damshttra.*

#### INTRODUCTION

Ayurveda is a branch of science which deals with maintaining health and treating illness of the body.<sup>1</sup> *Ayurveda* comprised of eight branches. *Agad Tantra* is one of the branch.<sup>2</sup> *Agad Tantra* or *damshttra* means study of poison. Poisoning is caused by many factors like biting, intake of inappropriate substances, application of paste of substance over body surface. According to *Ayurveda visha* has been divided into *sthavar visha* (inanimate) & *jangam visha* (animate) . *Sthavar visha* poisoning is caused by some inanimate substances like metal poisoning like lead etc . And *jangam visha* poisoning is caused by poisoning by *visha* present in animals like snake, scorpion, dog, monkey ,insects etc.

*Visha* can be defined as any substances when come in contact with body by any path causes fatality or death some poisons are hazardous to body and some poisons are responsible for death of person.

Poison Has been classified in modern science according to many ways .it is classified into suicidal, homicidal, for cattle killing ,stupifying ,accidental and abortive .according to purpose or intention .it is classified as corrosive irritands narcotics, cardiac and others .according to symptoms or effect .

The site of poison is the location from which poison is released from its source in case of *sthavar visha* they are ten namely leaves ,stem, flowers ,fruits, bark, milk, Sara, dink, dhaatu, kand.In case of *jangam visha* they are sixteen namely vision, expiration, teeth ,nails, urine, faces, Semen, saliva ,menses mouth ,anus, tip, acid, legs and dead body of animals .<sup>3</sup>The *Alark visha* causes due to the bite of animal like cat, dog, wolf, monkey.*Alark visha* is very lethal body.once transmitted never be cure its fatal to all.

*Alark visha* can be compared with rabies in modern science and we know that rabies can be 100% prevented but it is 100% fatal if not prevented.*Alark visha* is really very common in all over the world. It found in around human habitations, in urban and village locations in forest, desserts, hilly and in grasslands also.

## AIM

Conceptual study of *Alark visha* with special reference to *sushrut samhita kalpsthana*.

## OBJECTIVE

- 1) To take reference of *Alark visha* in *sushrut Samhita kalpsthana*.
- 2) To understand the sign and symptoms of the *Alark visha* in *sushrut Samhita kalpsthana*.
- 3) To understand treatment of *Alark visha* in *sushrut samhita kalpsthana*.

## MATERIAL & METHOD

Literature review is done through *Sushrut Samhita* and online data available.

## REVIEW OF LITERATURE

*Alark-*

the *Alark visha* poisoning causes due to the bite of animal who carried *Alark visha* like dog, monkey, cat, mongoose, tiger, wolf or any wild animal<sup>4</sup>

Samprapti–

Getting the animal which is spread in all over body all doshas get vitiated.

Kapha dosha prominence with other doshas gate accumulated in *Sandnyavah & manovaha strotas* after it do *sadnyanash* . Other *Rasadi dhaatus* get agitated by the *Alark visha* and deprivate it's functions <sup>5</sup>

### Symptoms of *alark Visha* carrying animal :-

Due to *Alark Visha* animals tail, shoulder and chin get loosen up ,loss of balance when walking ,excessive droubling ,he is unable to hear ,barking differently, became aggressive and running everywhere <sup>6</sup>

### Symptoms of *alark visha* poisoning :-

#### 1. Local symptoms

- Black colour blood is coming out through bitesite.
- A stab or punctured poisoned wound is formed. <sup>7</sup>

#### 2. Arishta lakshna (terminal signs) of *alark visha* poisoning.

- If the patient repeatedly utteres the sound like bitten animal.
- If the patient visualise the image of bitten animal in water.

Then the patient with such negative symptoms should know that he will definitely die <sup>8</sup>

Jalsantras ( hydrophobia) :-

A person who suddenly gets scared after seeing or touching water without any reason should also be considered as a sign indicating death this state is called as water logging or if the patient develop symptoms of hydrophobia even after being beaten by a stinging animal.He also does not become healthy if a patient wake up from sleep and suffers from water or in a healthy state then it is also in curable. <sup>9</sup>

- *Chikitsa* of *Alark visha* poisoning :-

If bitten by these animals press the bite side to extract blood and then burn it with goghrita.

Apply goghrita and take puraghita.

\* Give a treatment of ark (calotropis) milk as a purgative.

- \* Give a treatment of Aparajita and punannava with dhatura .
- \* Give a treatment of palal ( tilkalk) til tel and ark milk and jaggery .
- \* Give a treatment of One karsha (10 gm) of sharpunkha ½ karsha (5 gm ) of dhatura rice water and rice only.

\* Patient should be animal contaminated with the poison of rabbid animal should give this treatment

According to sushrut weather above medicine is get digested the patient will start behaving like a rabbid dog when these symptoms get vanished. The patient should be kept in a cool and quite room without water after giving him a bath .shali and shashti food should be given with hot milk on the next day.It has been mentioned to repeat the same treatment in half quantity on the third and fifth day this method is recommended by ancient Aacharya to treat poison of rabbid dog .

The person in home the poison becomes emerged does not survive. <sup>10</sup>

**Ashwasan chikitsa** (Other treatment):-

It is also mentioned in *Sushrut Samhita* that if the *Alark visha* get vitiated by itself the disease become incurable and so the clever physician physician should take efforts to visit the *Alark visha* by medicines .

in *Aahwasan chikitsa* it is stated that seeds ( tiladi) , ratna (gems), oshadhi all are put in vessels filled with cold water and gate bathed on the bank of river or at cross road.

After offering tilkhhal , tilkalk and curd . Offer different types of garlands offer RAW and cooked meet and recite this Mantra

"he alkadhipati yaksha king of sameygana quickly detoxify me who has been bitten by a dog".

After this give a tikshna sanshodhana .<sup>11</sup>

## OBSERVATION AND RESULTS

*Alark visha* it's very well explain it in Sushrut Samhita

In *Sushrut Samhita* it is explain the in detail in 7th adhyay of *kalpasthan* namely *mushikkalp adhyay*

## DISCUSSION AND CONCLUSION

It is observed that in all over the world dogs and cats are many a times pet animal and stray also . Wild animals influence is also in many areas of the world like village area, forest area , desert area and in hilly areas the poison comes under the *Jangam visha* category.it is very lethal to body and after the spread of poison there is no treatment.nowadays only prophylactic treatment is present.

After the (rabies virus ) *Alark visha* contamination the virus travel through peripheral nerves to the brain. it affects on CNS lead to death by paralysis of muscles,difficulty in swallowing food and water ,excessive salivation, fever ,muscle spasm ,patient start screaming, very afraid of water

Also it shows symptoms of vat dosh predominance, pitta dosh predominance and kapha predominance

Like modern aspect in *Ayurveda Sushrut also mentioned all the signs and symptoms of the Alark visha with specific prognosis and treatment*

.Also he has mentioned that it is *Sandnyavah strotas disease affecting brain* causing Jalsantras( hydrophobia )and other *Arishta lakshanas* (Incurable signs) .

## REFERENCES

1. Charak Samhita of Agnivesha by Acharya Vidyadhar shukla and Prof Ravidutta Tripathi, Chaukambha Sanskrit Pratishthan,Delhi, Reprint edition 2009, part 1, page no. 23.
2. Sarth Vagbhat by Dr. Ganesh Krishna Garde, Proficient publishing house, Pune, Reprint edition 2009, page no. 2.
3. Agadtantra by Dr. Ayodhyaprasad Achal, Lovely Prakashan, Nagpur, page no. 15.
4. Sushrut Samhita of Maharshi Susruta by Ambikadatta Shastri, Chaukhambha Sanskrit sansthan, Varanasi, Reprint edition 2012, part 2, kalpasthana, page no. 76.
5. Sushrut Samhita of Maharshi Susruta by Ambikadatta Shastri, Chaukhambha Sanskrit sansthan, Varanasi, Reprint edition 2012, part 2, kalpasthana, page no. 76.
6. Sushrut Samhita of Maharshi Susruta by Ambikadatta Shastri, Chaukhambha Sanskrit sansthan, Varanasi, Reprint edition 2012, part 2, kalpasthana, page no.77.
7. Sushrut Samhita of Maharshi Susruta by Ambikadatta Shastri, Chaukhambha Sanskrit sansthan, Varanasi, Reprint edition 2012, part 2, kalpasthana, page no. 76.
8. Sushrut Samhita of Maharshi Susruta by Ambikadatta Shastri, Chaukhambha Sanskrit sansthan, Varanasi, Reprint edition 2012, part 2, kalpasthana, page no. 77.
9. Sushrut Samhita of Maharshi Susruta by Ambikadatta Shastri, Chaukhambha Sanskrit sansthan, Varanasi, Reprint edition 2012, part 2, kalpasthana, page no. 77.

10. Sushrut Samhita of Maharshi Susruta by Ambikadatta Shastri, Chaukhambha Sanskrit sansthan, Varanasi, Reprint edition 2012, part 2, kalpasthana, page no. 78 & 79.
11. Sushrut Samhita of Maharshi Susruta by Ambikadatta Shastri, Chaukhambha Sanskrit sansthan, Varanasi, Reprint edition 2012, part 2, kalpasthana, page no. 78.
12. [www.wikipedia.com](http://www.wikipedia.com)